

Contract Month Letter

| Month | Letter |
|-----------|--------|
| January | F |
| February | G |
| March | H |
| April | J |
| May | K |
| June | M |
| July | N |
| August | Q |
| September | U |
| October | V |
| November | X |
| December | Z |

6 Futures Groups

(Markets trading on CME Group)

| Financials (Expire on a quarterly basis) | | | Commodities (Expiration months differ from by product) | | |
|---|-----------------|-------------------|---|----------|-------------|
| Equity Indexes | Interest Rate | Currencies | Energy | Metals | Agriculture |
| S&P 500 | 5 Yr US T-Note | Euro | Crude Oil | Gold | Corn |
| Dow Jones 30 | 10 Yr US T-Note | Japanese Yen | Natural Gas | Silver | Soybeans |
| Nasdaq 100 | 30 Yr US T-Bond | British Pound | Gasoline | Copper | Wheat |
| Russell 2000 | | Canadian Dollar | Heating Oil | Platinum | Cattle |
| | | Australian Dollar | | | Hogs |

Market Detail

Indexes

| Index | Exchange | Symbol | Contract Months | Trading Hours |
|--------------------|----------|--------|-----------------|--|
| S&P 500 | CME | ES | H, M, U, Z | Sunday – Friday 6pm – 5pm ET Market Closed 5pm – 6pm ET Regular Trading Hours Mon – Fri 9:30am – 5pm |
| S&P 500 Micro | CME | MES | H, M, U, Z | |
| NASDAQ 100 | CME | NQ | H, M, U, Z | |
| NASDAQ 100 Micro | CME | MNQ | H, M, U, Z | |
| DOW JONES 30 | CBOT | YM | H, M, U, Z | |
| DOW JONES 30 Micro | CME | MYM | H, M, U, Z | |
| RUSSELL 2000 | CME | RTY | H, M, U, Z | |
| RUSSELL 2000 Micro | CME | M2K | H, M, U, Z | |

| Index | Symbol | Tick | Tick Value | Ticks Per Point | Point Value |
|--------------------|--------|------|------------|-----------------|-------------|
| S&P 500 | ES | 0.25 | \$12.50 | 4 | \$50 |
| S&P 500 Micro | MES | 0.25 | \$1.25 | 4 | \$5 |
| NASDAQ 100 | NQ | 0.25 | \$5 | 4 | \$20 |
| NASDAQ 100 Micro | MNQ | 0.25 | \$0.50 | 4 | \$2 |
| DOW JONES 30 | YM | 1 | \$5 | 1 | \$5 |
| DOW JONES 30 Micro | MYM | 1 | \$0.5 | 1 | \$0.5 |
| RUSSELL 2000 | RTY | 0.10 | \$5 | 10 | \$50 |
| RUSSELL 2000 Micro | M2K | 0.10 | \$0.5 | 10 | \$5 |

Energies

| Energy | Exchange | Symbol | Contract Months | Trading Hours |
|-----------------|----------|--------|-----------------|--|
| Crude Oil | NYMEX | CL | ALL | Sunday – Friday 6pm – 5pm ET Market Closed 5pm – 6pm ET Regular Trading Hours Mon – Fri 9am – 2:30pm |
| Micro Crude Oil | NYMEX | MCL | ALL | |
| Natural Gas | NYMEX | NG | ALL | |
| RBOB Gasoline | NYMEX | RB | ALL | |
| Heating Oil | NYMEX | HO | ALL | |

| Energy | Symbol | Tick | Tick Value | Ticks Per Point | Point Value |
|-----------------|--------|--------|------------|-----------------|-------------|
| Crude Oil | CL | 0.01 | \$10 | 100 | \$1000 |
| Micro Crude Oil | MCL | 0.01 | \$1 | 100 | \$100 |
| Natural Gas | NG | 0.001 | \$10 | 1,000 | \$10,000 |
| RBOB Gasoline | RB | 0.0001 | \$4.20 | 10,000 | \$42,000 |
| Heating Oil | HO | 0.0001 | \$4.20 | 10,000 | \$42,000 |

Metals

| Metals | Exchange | Symbol | Contract Months | Trading Hours | |
|---------------------|----------|--------|------------------|--|-----------------|
| Gold | COMEX | GC | G, J, M, Q, V, Z | Sunday – Friday 6pm – 5pm ET Market Closed 5pm – 6pm ET | Mon – Fri |
| Micro Gold | COMEX | MGC | G, J, M, Q, V, Z | | 8:20am – 1:30pm |
| Silver | COMEX | SI | F, H, K, N, U, Z | | Mon – Fri |
| Micro Silver | COMEX | SIL | F, H, K, N, U, Z | | 8:25am – 1:25pm |
| Copper | COMEX | HG | F, H, K, N, U, Z | | Mon – Fri |
| | | | | | 8:10am – 1pm |
| Platinum | COMEX | PL | F, J, N, V | Mon – Fri | |
| | | | | 8:20am – 1:05pm | |

| Metals | Symbol | Tick | Tick Value | Ticks Per Point | Point Value |
|---------------------|--------|--------|------------|-----------------|-------------|
| Gold | GC | 0.10 | \$10 | 10 | \$100 |
| Micro Gold | MGC | 0.10 | \$1 | 10 | \$10 |
| Silver | SI | 0.005 | \$25 | 200 | \$5,000 |
| Micro Silver | SIL | 0.005 | \$5 | 200 | \$1,000 |
| Copper | HG | 0.0005 | \$12.50 | 2,000 | \$25,000 |
| Platinum | PL | 0.10 | \$5 | 10 | \$50 |

Currencies

| Currency | Exchange | Symbol | Contract Months | Trading Hours |
|---------------------------|----------|--------|-----------------|--|
| Euro | CME | 6E | H, M, U, Z | Sunday – Friday 6pm – 5pm ET Market Closed 5pm – 6pm ET Regular Trading Hours Same as All Session Hours |
| Japanese Yen | CME | 6J | H, M, U, Z | |
| Canadian Dollar | CME | 6C | H, M, U, Z | |
| British Pound | CME | 6B | H, M, U, Z | |
| Australian Dollar | CME | 6A | H, M, U, Z | |
| Swiss Franc | CME | 6S | H, M, U, Z | |
| New Zealand Dollar | CME | 6N | H, M, U, Z | |

| Currency | Symbol | Tick | Tick Value | Ticks per Point | Point Value |
|---------------------------|--------|-----------|------------|-----------------|----------------|
| Euro | 6E | 0.00005 | \$6.25 | 20,000 | \$125,000 |
| Japanese Yen | 6J | 0.0000005 | \$6.25 | 2 million | \$12.5 million |
| Canadian Dollar | 6C | 0.00005 | \$5.00 | 20,000 | \$100,000 |
| British Pound | 6B | 0.0001 | \$6.25 | 10,000 | \$62,500 |
| Australian Dollar | 6A | 0.00005 | \$5 | 20,000 | \$100,000 |
| Swiss Franc | 6S | 0.00005 | \$6.25 | 20,000 | \$125,000 |
| New Zealand Dollar | 6N | 0.00005 | \$5 | 20,000 | \$100,000 |

Demand Zones

Drop - Base - Rally



Demand Zone
Drop-base-Rally

Steps:

1. Begin with current price
2. Look down and left WITHOUT cutting through candles until you find sideways/basing price action
3. Wrap 2 lines around the sideways/basing area
4. Entry line is drawn at the highest candle BODY in the base
5. Stop line is drawn at the lowest PRICE of the entire formation

Entry Line

Stop Line

Rally - Base - Rally

Demand Zone
Rally-base-Rally

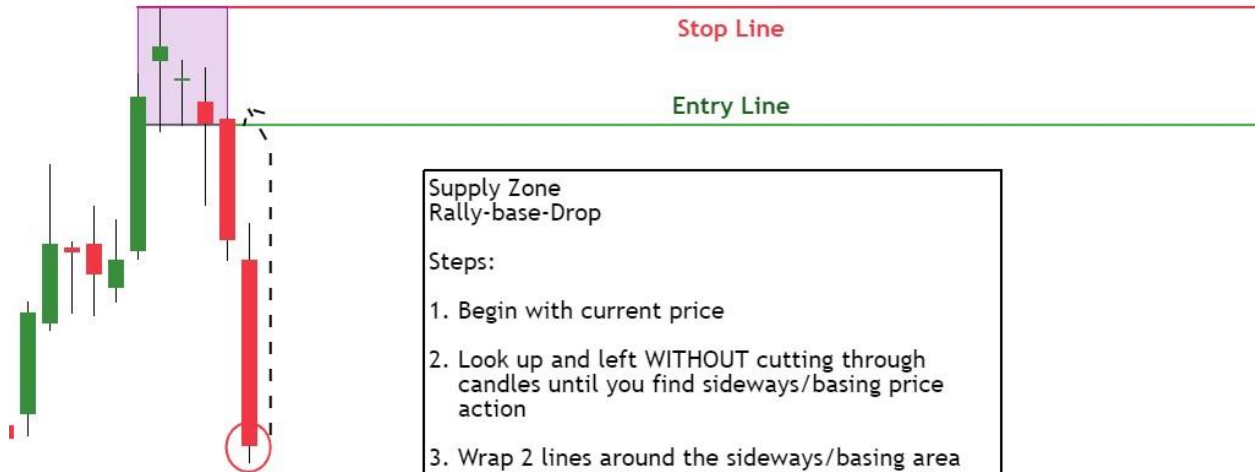
Steps:

1. Begin with current price
2. Look down and left WITHOUT cutting through candles until you find sideways/basing price action
3. Wrap 2 lines around the sideways/basing area
 - a) Entry line is drawn at the highest candle BODY in the base
 - b) Stop line is drawn at the lowest PRICE of the base and rally move out



Supply Zones

Rally - Base - Drop

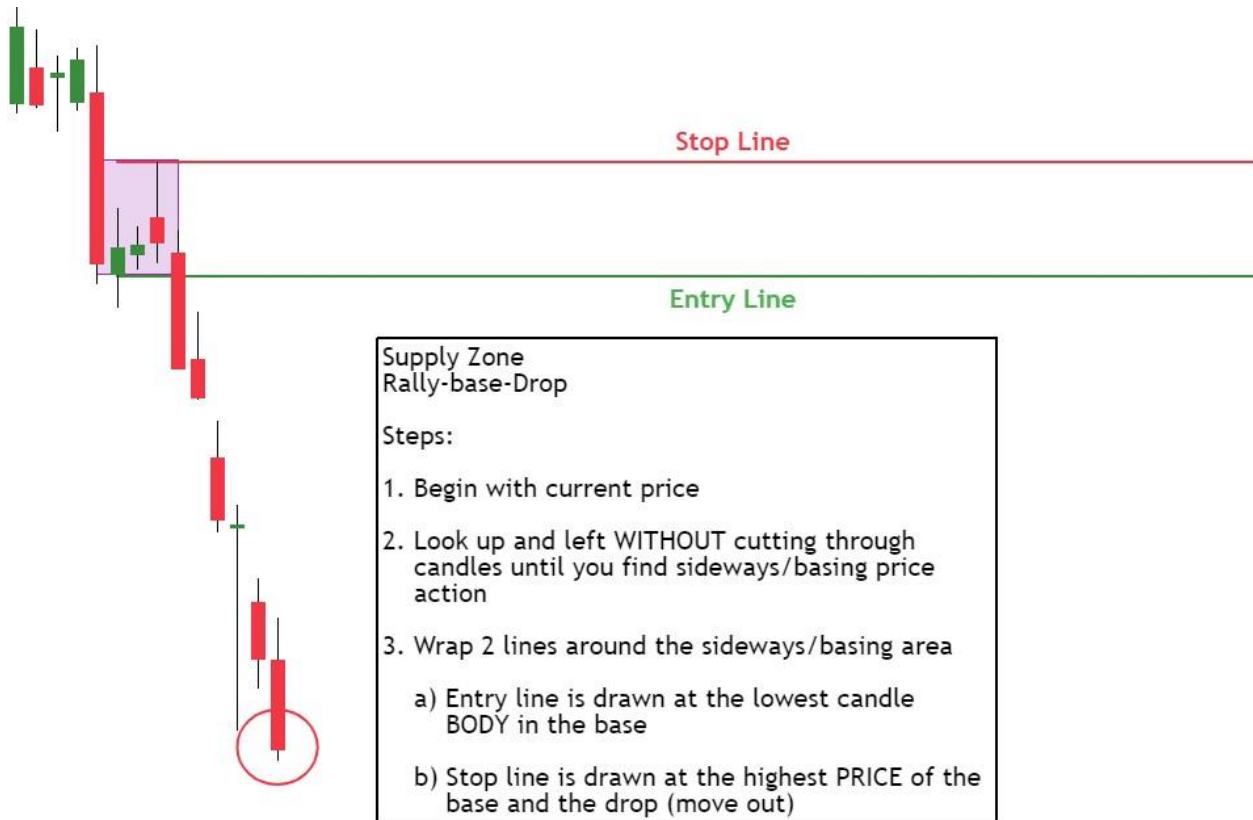


Supply Zone
Rally-base-Drop

Steps:

1. Begin with current price
2. Look up and left WITHOUT cutting through candles until you find sideways/basing price action
3. Wrap 2 lines around the sideways/basing area
 - a) Entry line is drawn at the lowest candle BODY in the base
 - b) Stop line is drawn at the highest PRICE of the entire formation

Drop - Base - Drop



Zones

